



# Saint-Germain

# 7

## LUNCH

8:30-12:15 (9.30-12.15 on weekends)

### Chicken and Avocado

Freshly grilled chicken fillet, bacon, fresh avocado, emmental cheese, gem lettuce, tomato & ranch dressing in toasted flaguette

*(contains gluten: wheat, rye, barley and milk. May contain traces of eggs, nuts, sesame & soya)*

€15.50

### Frank's Hot Chicken Burger

Panko coated fried chicken covered in Frank's red hot sauce served in toasted brioche bun with lettuce & blue cheese dressing

*(contains gluten: wheat, egg, milk)*

€15.50

### Homemade Croque Monsieur

Grilled Gruyere, Emmental and ham sandwich, homemade bechamel on Tartine organic sourdough bread

*(contains gluten:wheat, rye & milk. Bread may contain traces of nuts: walnut & almond)*

€15.50

### Duck Flatbread

Confit pulled duck served on naan bread with hoisin bbq sauce and carrot, cucumber & rocket salad

*(contains gluten: wheat)*

€15.50

### Greek Style Salad

Gem lettuce, cucumber, cherry tomatoes, traffic light peppers, red onion, feta cheese, kalamata olives, oregano with bright & zingy dressing. *Add freshly grilled chicken fillet for €3.50*

*(contains milk & mustard)*

€14.00

### Caprese Salad

Mixed leaves, mozzarella, cherry tomatoes, basil pesto, avocado & drizzled with balsamic dressing. *Add freshly grilled chicken fillet for €3.50*

*(contains milk & mustard)*

€14.00

### Garlic Prawns

Pan fried gambas cooked in a buttery-garlic sauce & served with a freshly baked flaguette

*(contains shellfish: crustaceans & gluten: wheat)*

€17.00

### Pancakes

Bacon & maple OR fresh berries & maple OR Nutella & strawberries

*(contains gluten: wheat, milk, egg & nuts: hazelnut)*

€11.50

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## OVERNIGHT OATS

### Honey

Almond milk, chia seeds, honey & fresh fruit

€7.00

### Peanut Butter

Almond milk, chia seeds, peanut butter & fresh fruit

€7.00

### Coffee Biscoff

Almond milk, chia seeds, Biscoff, espresso & granola

€8.00

### Nutella

almond milk, chia seeds, nutella & fresh fruit

€8.00

### Matcha

coconut milk, chia seeds, matcha, maple syrup, vanilla & fresh fruit

€8.00



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## DRINKS

### HOT DRINKS

Traditional Tea	€3.20
Herbal Teas	€3.50
Espresso	€3.20/€3.40
Espresso Macchiato	€3.40/€3.60
Cortado	€3.50
Americano	€3.50
Flat White	€3.80
Latte	€4.00
Cappuccino	€4.00
Mocha	€4.50
Matcha Latte	€4.50
Chai Latte	€4.00
Hot Chocolate	€4.00
Toppings/Syrup	€0.50

*\*plant based milk extra 60c\**

### COLD DRINKS

Lemonade
Iced Tea
Iced Americano
Iced Latte
Iced Mocha
Iced Matcha Latte
Matcha Lime Crush
Caramelised Biscuit Frappe

### WINE

Glass of house wine red/white	€7.50
Spritz	€7.50
Aperol Spritz	€11.00
Martini Spritz	€11.00
Lime Martini Tonic	€11.00

### BAKERY

French Sourdough Pastries	€4.00
Made of organic ingredients only	
Croissant	
Almond Croissant	
Raisin Danish	
Pear and Almond Danish	
Cinnamon Roll	
Chocolate Twist	
Home Made Scones	€4.00
(plain, sultanas or blueberries)	

### SOFT DRINKS

Coke, Diet, Zero, - 330ml	€3.60
Fanta or Appletiser	
(10c extra sugar tax charge on regular coke)	
Orange Juice or Apple Juice	€3.60
San Pellegrino Sparkling Water 500ml	€4.00
Acqua Panna Still Water 500ml	€4.00

## SMOOTHIES

<b>Acai</b>	€7.00
Acai powder, mixed red berries, banana & oat milk	
<b>Green</b>	€7.00
banana, mango, avocado, spinach & water	
<b>Yellow</b>	€8.00
Banana, mango, orange juice, almond milk & turmeric	
<b>Red</b>	€8.00
Banana, mixed red berries & water	
<b>Protein</b>	€8.00
Banana, fresh strawberries, almond, chocolate protein powder, ice & water	